

ANGER

1. Vocabulary

Angry	Frustrated	Irritated
Violent	Vengeful	Pissed off
Offended	Aggressive	Resentful
Mad	Bitter	Inflamed

2. Questions

1. Why do we have the emotion of anger? What are the functions of anger, to your mind?
2. Are you an angry person? Is it easy for you to control and hide your anger?
3. What are you like when you are angry? What's the angriest you've ever been?
4. What makes you angry about modern life? Who on Earth angers you most?
5. Is there anything positive about getting angry? Is anger ever justified? If so, how can we determine whether it is?
6. Is it good to hide your anger? What are the constructive ways of expressing your anger?
7. Do you think men and women show their anger differently?
8. Elizabeth Kenny said: "He who angers you conquers you." What do you think she means by this? Do you agree?
9. Why do we get angriest with the ones we love?
10. A Chinese Proverb said: "Never write a letter while you are angry." Do you think this is good advice? Have you regretted reacting to anything in an angry mood?

3. Bible Discussion

John 2:13-17

¹³ The Passover of the Jews was at hand, and Jesus went up to Jerusalem.

¹⁴ In the temple he found those who were selling oxen and sheep and pigeons, and the money-changers sitting there.

¹⁵ And making a whip of cords, he drove them all out of the temple, with the sheep and oxen. And he poured out the coins of the money-changers and overturned their tables.

¹⁶ And he told those who sold the pigeons, "Take these things away; do not make my Father's house a house of trade."

¹⁷ His disciples remembered that it was written, "Zeal for your house will consume me."

1. What did Jesus find in the temple courts during the Jewish Passover?
2. Did he get really angry? Why? What did he do about the problem?
3. What do Jesus' actions reveal about his character?
4. What do Jesus' words tell us about the purpose of the temple?
5. How did the disciples understand Jesus' behavior in the temple?
6. Is there anything in our world/your life God is angry about?